parodontax



Gums matter Commit to a

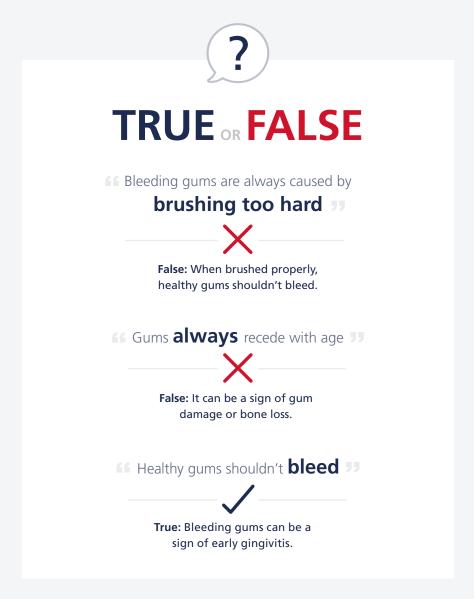
healthier you





Parodontax
CETYLPYRIDINUM CHLORDE ANTIGNIGNITIS
ANTIFLAQUE MOUTHRINGE
ACTIVE GUM HEALTH

Your dentist or hygienist has identified that you have areas of **bleeding** and **inflammation**, which are signs of **early gum disease**.



HEALTHY GUMS

THE POWER IS IN YOUR HANDS

Get your gum health back on track with just a few daily steps



Two for two

Brush twice a day for two minutes.*



Mind the gap

Clean daily between teeth with an interdental brush or floss.







Arm yourself with the tools for success

Brush

Use a small brush, ensuring bristles aren't splayed.

Toothpaste

Choose a toothpaste that cares for your gums.**

Mouthwash

Your dentist may recommend a specialist mouthwash.

HERE TO HELP

Proven to help improve your gum health



parodontax Complete Protection toothpaste is clinically proven to help reduce bleeding gums**

Remove more plaque with a specialist daily toothpaste for healthy gums.**

Brush teeth thoroughly, twice a day. Spit out after brushing.





Brush designed for people with bleeding gums

parodontax toothbrush is tough on plaque, gentle on gums.

It is recommended that toothbrushes are replaced every 3 months.

parodontax Active Gum Health mouthwash

Specialist mouthwash that targets bacteria where brushing alone can't reach.

Vigorously swish 20 milliliters of the rinse between your teeth twice a day for 30 seconds and then spit out.

FIND OUT MORE AT: www.parodontax.com
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